# **Publications on suicide and prevention** Adolescents, statistics and general knowledge



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## Introduction

The Centre for Suicide Research in Denmark conducts research into suicidal behaviour and prevention. Results are published as reports for professionals and are available for free download or for ordering in paper form. The Centre also publishes Fact Booklets aimed at the general population and focusing on a single topic. All publications are in Danish.

In 2015, the Centre introduced a new homepage; unfortunately, it was not set up for registering PDFdownloads. In 2016, we implemented a back-end function that allows us to register downloaded publications. Due to technical variations, website statistics from the 2016-website are generated differently from the previous website; thus data gathered in 2011-2014 are incomparable to data from 2016.

### Goals

The purpose is to determine which publications and which topics are most in demand.

### Table 1. Reports 2011-2014

Top 10 Downloads per year	2011	2012	2013	2014	
Self-harm & resilience*	275	281	693	722	
Poor personal welfare*	451	491	259	473	
Self-harm – Part 2*	216	365	237	844	
Ethnic minorities*	169	161	547	574	
Vulnerability & poor personal	144	386	464	366	
welfare*					
Suicidality*	429	397	275	177	
Abuse – Literature	129	116	306	567	
Eating disorder & suicide	137	135	398	244	
risk*					
Suicidal behaviour among		376	159	286	
Danish veterans					
Elderly men	64	166	135	164	
* Reports on adolescents					

## Table 3. Fact Booklets 2011-2014

Top 10 Downloads per year	2011	2012	2013	2014
Unemployment	846	1164	1946	860
Bereaved	392	651	1224	2141
Signals	509	549	1172	1661
Euthanasia	773	931	832	1079
Adolescents and self-harm	546	649	868	1499
Legislation and ethics	158	207	1325	570
Suicide rates in Denmark	718	398	362	649
2000-2010				
Adolescents	643	501	366	393
Suicide-process	385	456	411	640
Gambling addiction	386	347	324	549

## Methods

Website statistics.

### Results

From 2011 to 2014, the most popular reports for professionals have focused on prevention among adolescents. See Table 1.

From the 17<sup>th</sup> March to the 17<sup>th</sup> July 2016, reports on prevention for adolescents remain popular. Other popular reports concern the Centre's unique Register for Suicide Attempts, ethical problems and Danish veterans, as they have experienced massive press coverage during the spring and summer of 2016. See Table 2.

From 2011 to 2014, the most sought out booklets focus on general topics such as unemployment, being bereaved or signals. See Table 3. In 2016, the most popular booklet focuses on the confidentiality of the clergy. Other popular booklets all focus on statistics. See Table 4.

#### Table 2. Reports 2016

Downloads 17 <sup>th</sup> March-17 <sup>th</sup> July 2016	
Adolescents' self-harming behaviour 2001-2011*	210
Suicide and ethical problems	122
Register for Suicide Attempts	98
Violence in intimate relations*	83
A continuation of Suicidal behaviour among Danish	80
veterans 1992-2013	
Self-harm – Part 2*	37
Suicidal behaviour among Danish veterans	36
Travellers – Intervention for adolescents. Final report*	33
* Reports on adolescents	

## Table 4. Fact Booklets 2016

Downloads 17 <sup>th</sup> March-17 <sup>th</sup> July 2016	
The clergy, confidentiality and suicidal behaviour	187
Suicide rates in Denmark 2003-2013	165
Suicide rates in Denmark 2000-2010	51
Suicide attempters – a statistical profile	21

#### **Discussion/conclusion**

The Centre for Suicide Research meets the most pressing demands, as we continuously conduct research into and publish on adolescents and statistics, while we extend the unique Register for Suicide Attempts. Future research and publications may focus on vulnerable groups such as bereaved or those affected by suicide and suicidal behaviour.

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