## **PREVENTION OF ADOLESCENTS'**

## SUICIADAL IDEATION AND SUICDAL

## **BEHAVIOUR**



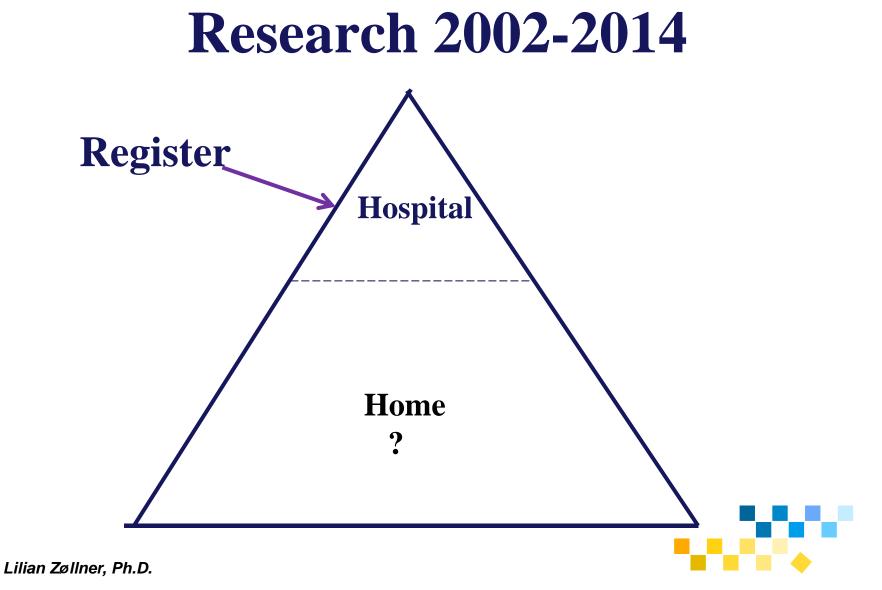
*Lilian Zøllner, Ph.D. Centre for Suicide Research, Denmark* 

## PROBLEM

 The 1990s have seen a marked increase in the rates of attempted suicides among girls between the ages of 15 to 19. Studies seem to show that especially among teenagers there are considerable numbers of suicide attempts which are not registered.



Lilian Zøllner, Ph.D. Centre for Suicide Research, Denmark



# Research

## **2002 CASE**

# Students (13-16 years)N=5227ParentsN=4019TeachersN=305

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# **Research 2002-2014**

**Vulnerable youths** 

## **Serious thoughts of self-harm**

Self-harm

## Suicide attempt

Lilian Zøllner, Ph.D.



#### PREVENTION

	Ν	Т %	S %
2002	5227	31.5	10.4
2004	649	13.6	8.9
2006	3275	17.4	13.5

#### **PUBLICATIONS**

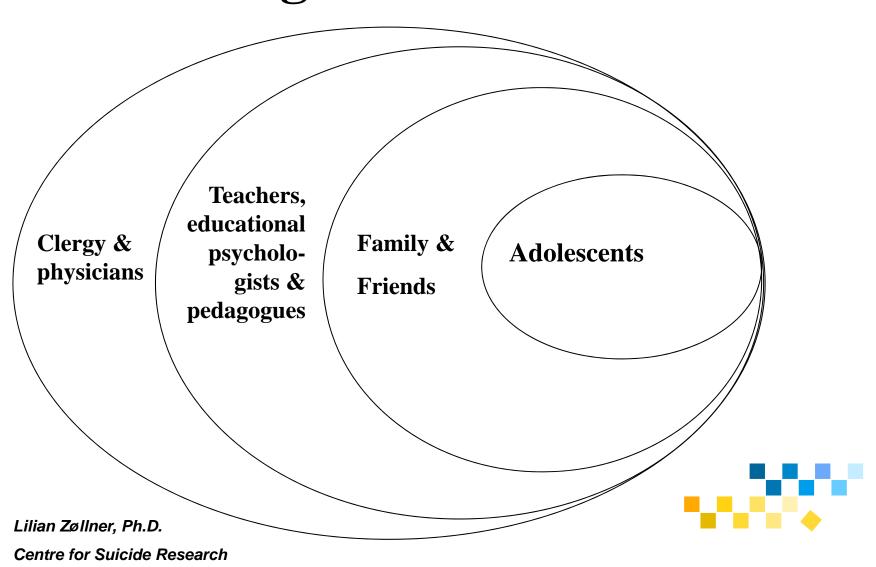
#### SEMINAR

#### MEDIA



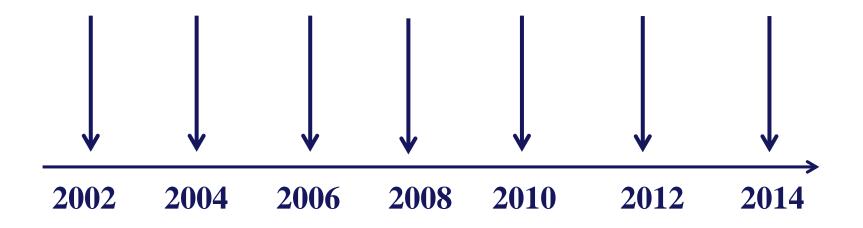
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# **Significant others**





#### **Problems (13-19 years old)**



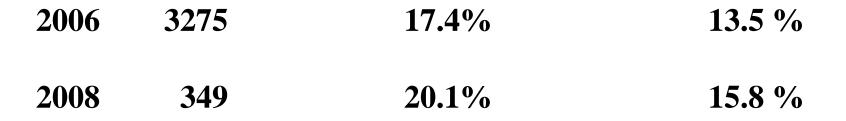


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# **Problems?**



#### N= SERIOUS SELF HARM THOUGHTS OF SELFHARM



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# PREVENTION TRAVELLERS

Centre for Suicide Research implement a Danish version of the TRAVELLERS (from New Zealand). TRAVELLERS is a school-based intervention programme designed to enhance protective factors for young people experiencing change, loss and events of transition and showing early signs of emotional distress.



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#### PREVENTION

2010 - 2014 INFORMATION TO HEADMASTER PARENTS TEACHERS SOCIAL TEAM PUBLICATION SEMINAR MEDIA



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	N=	SERIOUS THOUGHTS OF SELFHARM	SELF HARM
2002	5175	32,5 %	10,4 %
2004	649	13.6%	8.9 %
2006	3275	17.4%	13.5 %
2008	349	20.1%	15.8 %
2010	3547	13.3%	13.7 %
2011	3249	18.4	16.0%

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# REASONS FOR LIVING

