

# **PREVENTION OF ADOLESCENTS' SUICIDAL IDEATION AND SUICIDAL BEHAVIOUR**

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# PROBLEM

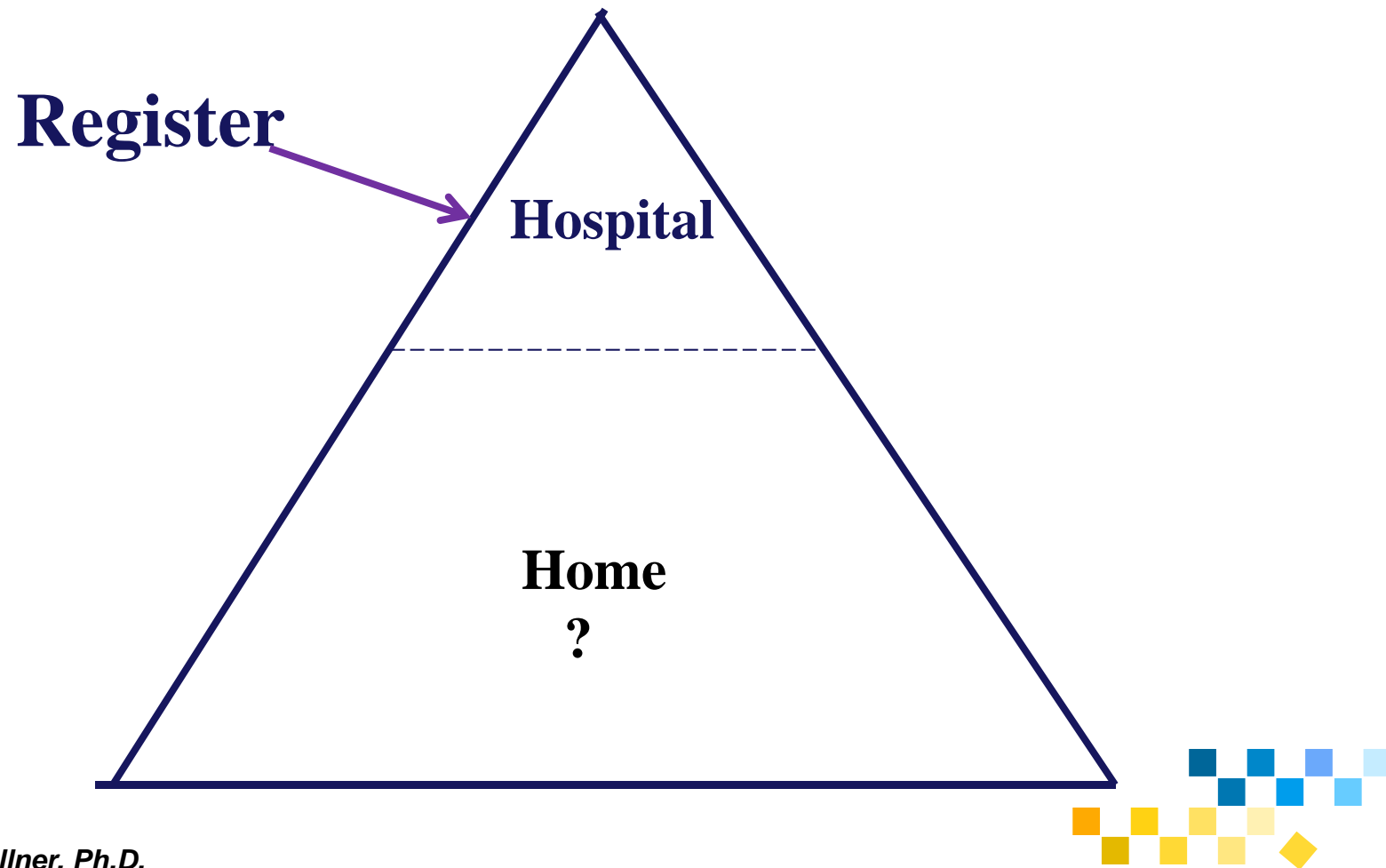
- The 1990s have seen a marked increase in the rates of attempted suicides among girls between the ages of 15 to 19. Studies seem to show that especially among teenagers there are considerable numbers of suicide attempts which are not registered.

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# Research 2002-2014



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# Research

## 2002 CASE

**Students (13-16 years)      N=5227**

**Parents      N=4019**

**Teachers      N=305**

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# Research 2002-2014

Vulnerable youths

Serious thoughts of self-harm

Self-harm

Suicide attempt

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## **PREVENTION**

	<b>N</b>	<b>T %</b>	<b>S %</b>
<b>2002</b>	<b>5227</b>	<b>31.5</b>	<b>10.4</b>
<b>2004</b>	<b>649</b>	<b>13.6</b>	<b>8.9</b>
<b>2006</b>	<b>3275</b>	<b>17.4</b>	<b>13.5</b>

## **PUBLICATIONS**

## **SEMINAR**

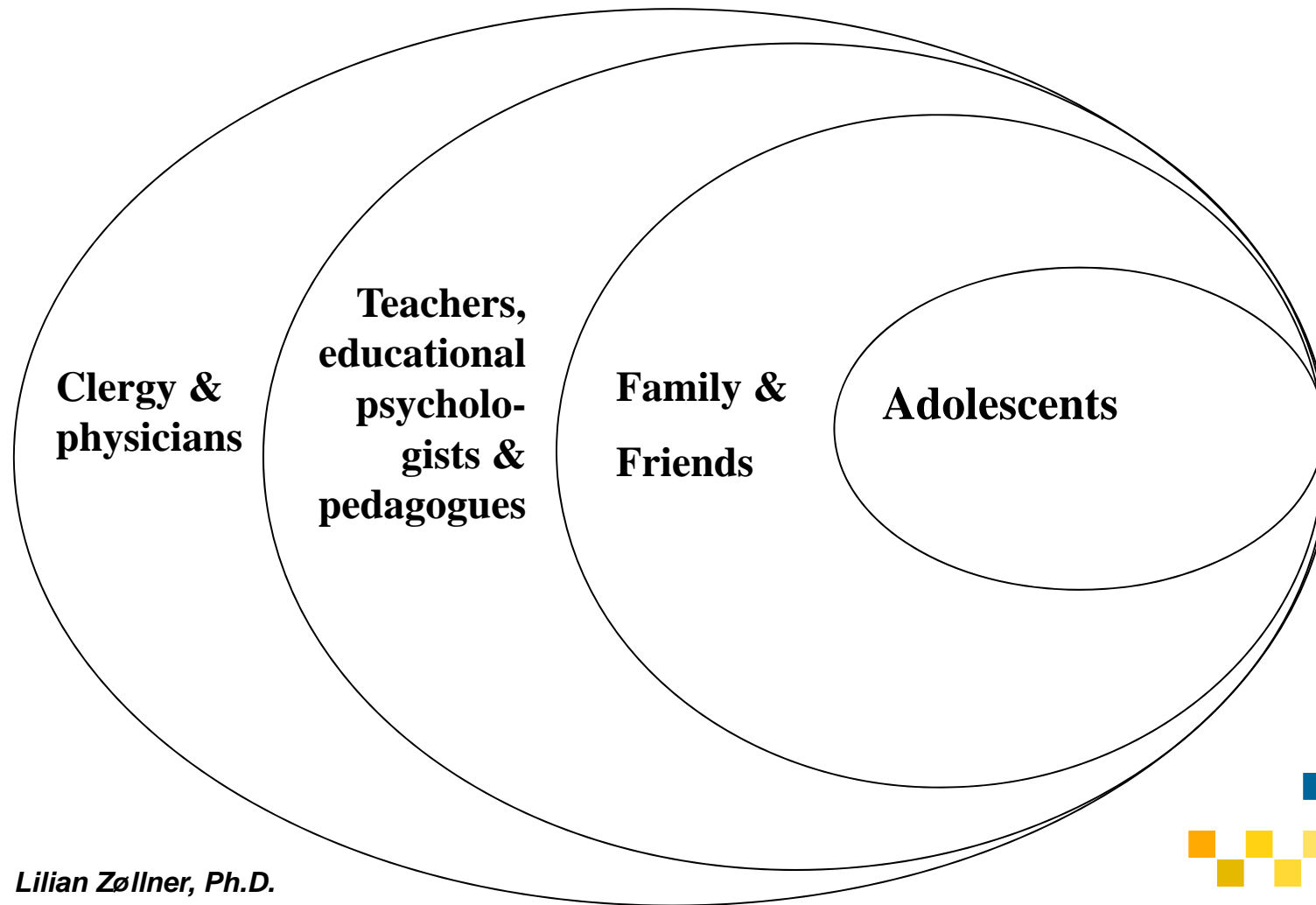
## **MEDIA**



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# Significant others



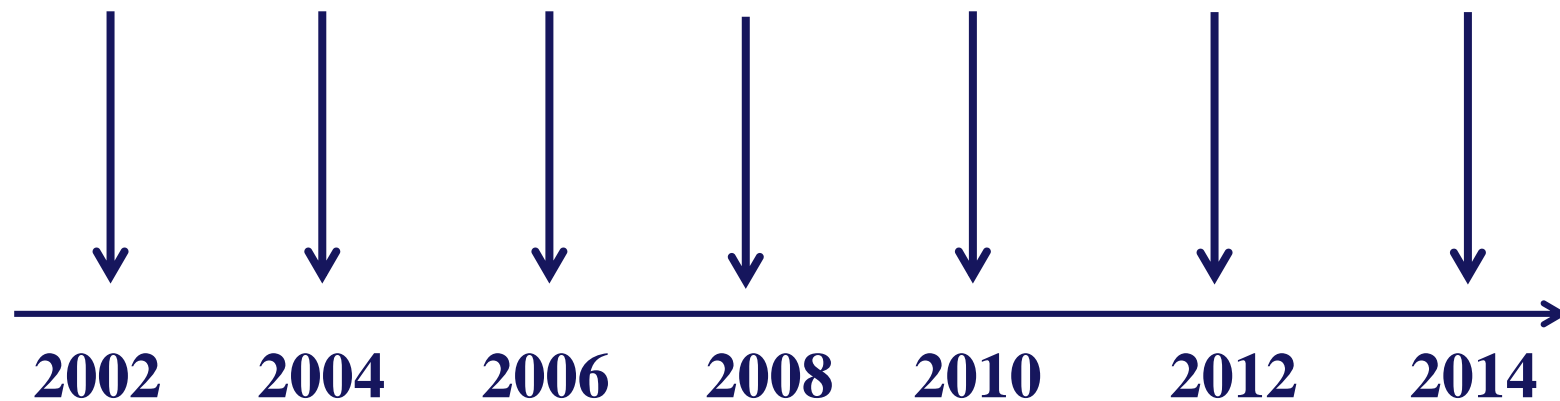
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# Research 2002-2014

## Problems (13-19 years old)



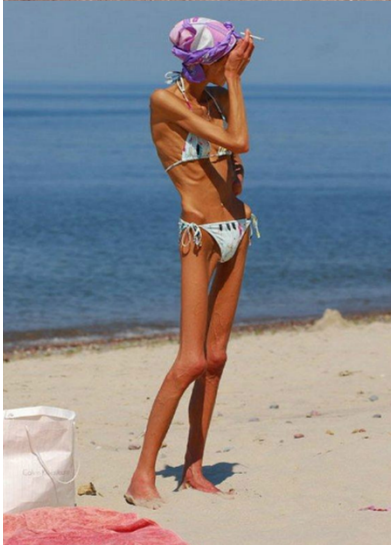
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# Problems?



	N=	SERIOUS THOUGHTS OF SELFHARM	SELF HARM
2006	3275	17.4%	13.5 %
2008	349	20.1%	15.8 %



# **PREVENTION TRAVELLERS**

**Centre for Suicide Research implement a Danish version of the TRAVELLERS (from New Zealand). TRAVELLERS is a school-based intervention programme designed to enhance protective factors for young people experiencing change, loss and events of transition and showing early signs of emotional distress.**

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# **PREVENTION**

**2010 - 2014**

**INFORMATION TO  
HEADMASTER  
PARENTS  
TEACHERS  
SOCIAL TEAM  
PUBLICATION  
SEMINAR  
MEDIA**



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	N=	SERIOUS THOUGHTS OF SELFHARM	SELF HARM
2002	5175	32,5 %	10,4 %
2004	649	13.6%	8.9 %
2006	3275	17.4%	13.5 %
2008	349	20.1%	15.8 %
2010	3547	13.3%	13.7 %
2011	3249	18.4	16.0%





# REASONS FOR **LIVING**



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